When vaginal prolapse occurs, an organ has dropped (prolapsed) out of its normal position and can sometimes even protrude from the vagina. Women often have a sensation of pressure or feel a “bulge down there”. The definition of pelvic organ prolapse depends on what anatomic structure in the pelvis is pushing into the vagina, such as the bladder, rectum, or several structures at once.

There are multiple portions of the vagina that can be involved in prolapse. It is important to determine which portion of the vagina and what underlying organs (bladder, rectum, uterus, intestines, and to what degree) are involved in your condition. It is also important to determine to what degree organs are prolapsing. Successful treatment is dependent on proper evaluation.