A rectocele occurs when the rectum falls into the vagina. Similar to the cystocele, when the connective tissue in the rear wall (the floor) of the vagina fails, the rectum can then bulge into, or even out of, the vagina. As the rectum bulges upward, this can cause difficulty or pain during bowel movements and feeling of incomplete bowel movements. Many women describe a need to place a finger in the perineum or vagina, inorder to be able to have a bowel movement.